

A Community Network of Support and Enrichment

For more than 30 years, Meta has been a dedicated champion of person-centred care, ensuring a high quality of living for individuals of all abilities. Meta believes that people and their families are at the center of all planning. Embracing inclusiveness, compassion, dignity, and respect, Meta proves that providing a positive environment

with opportunities to grow, learn, and fulfill potential, can make all the difference.

They develop and nurture collaborative, positive relationships and work together to enhance the quality of life of the individuals and families they support. Meta improves the well-being of over 600 individuals with developmental disabilities through the

most crucial stages of life, from youth-oriented services to the critical needs associated with our ageing individuals. Staff members, volunteers, families, and clients all make valued contributions to Meta, collectively working to achieve shared goals and outcomes.

Meta continues to demonstrate consistent strategic thinking, developing new strategic plans every

three to five years. Comprehensive organizational plans articulate overarching goals, risk mitigation, and essential programming measurement of success.

Meta is passionate about doing the right thing for each person they support, encouraging each individual to believe in a positive future, plan a meaningful life, and fully use their

gifts and talents. Meta enables individuals to make informed choices for themselves in all aspects of their daily lives and to live and work to their full potential while always protecting their safety and well-being.

For more information and to support, please visit metacentre.ca



JOSEPH © ALL PHOTOS COURTESY OF META CENTRE

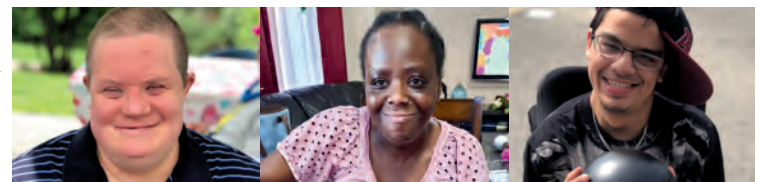
JOSEPH'S STORY:

At a very early age, Joseph sustained life-threatening injuries as a result of a fall. This devastating incident left Joseph with a developmental disability and loss of speech. For the last nine years, Joseph has been attending the Meta Vaughan Day Program, where, through the dedicated efforts of Meta staff, he continues to thrive. While attending the Day Program, Joseph enjoys using the sensory room, listening to and playing percussion instruments, engaging in therapeutic pool activities, bowling, and participating in various activities. Joseph is living a full life with his Meta friends and family.



COMMUNITY MEMBER, SANDRA, HAVING FUN PAINTING

These environments enable her to improve her skill sets and learn new ones as well. Alexis was able to improve on her verbal, social and physical skills. It was incredible for her to express herself after the programs. She would happily describe the events that took place, all with a smile on her face. Being a parent with special needs, I felt comfortable and relieved that my daughter was in a safe and thriving environment. Alexis was able to be herself without feeling uncomfortable. She also created and developed friendships which makes me very happy. The staff are incredible, and I'm grateful to them for taking care of our precious Alexis.
—Family Testimonial



A community where all persons thrive as valued, respected citizens leading dignified, fulfilling lives.

www.metacentre.ca