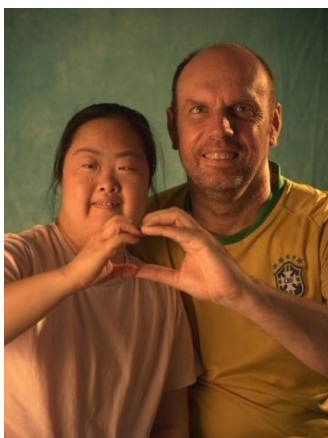
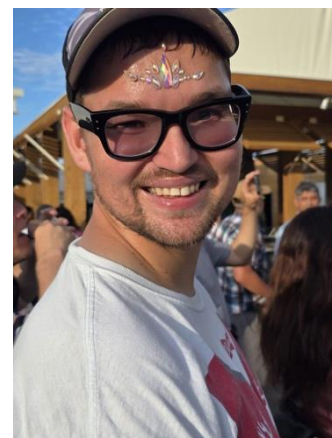




1986 – 2026 · CELEBRATING 40 YEARS

2026 ANNUAL REPORT

Building the foundations for better support



A Message from Meta Centre's Board President and Chief Executive Officer

This year, Meta celebrates its 40th anniversary, a milestone that reflects four decades of compassion, perseverance, and shared purpose, built together by the people we support, their families, our staff and volunteers, and our partners. As we celebrate this achievement, we are committed to building a stronger future on that foundation.

That future is guided by a simple but powerful belief: **everyone deserves the opportunity to build a life filled with choice, connection, possibility, and belonging.**

We see a future where every person is valued for who they are and what they bring to the world; where people make meaningful choices about their lives, build relationships that matter to them, contribute in meaningful ways, and feel truly at home in their communities. Our role, as it has been for 40 years, is to help make that future possible.

That starts with listening. The voices, experiences, goals, and dreams of the people we support must continue to shape both our supports and the organization we are becoming. As their needs change, we will keep learning and evolving alongside them.

Our staff are at the heart of that work, bringing compassion, skill, creativity, and deep commitment every day. We want Meta to be a place where they feel connected to our purpose, supported in their work, and empowered to share their ideas. When we work well together and learn from one another, we create more space for what matters most: being there for people and families.

We also want support to be easier to navigate at every stage of life, so that individuals and families feel understood and transitions are met with care and confidence. Most importantly, every person should know that their voice, choices, hopes, and ambitions are at the centre of the journey.

There is so much possibility in what comes next. By working together, trying new ideas thoughtfully, and learning from evidence and experience, we can create more opportunities for independence, well-being, meaningful relationships, community participation, and belonging. Progress is not about how much we change. **It is about whether those changes make a meaningful difference in people's lives.**



Ewa Downarowicz
Board President
Meta Centre

Joe Passaretti
Chief Executive Officer
Meta Centre



As we move forward, we will stay grounded in the values that have shaped Meta for 40 years: compassion, a commitment to listening and learning, openness to better ways of doing things, and strong partnerships. The best things happen when people come together around a shared purpose.

Above all, we thank the people we support. Your resilience, optimism, and determination inspire us every day and remind us that possibility is found in everyday moments: a goal achieved, a new connection made, a choice confidently expressed, or a greater sense of independence. Your voices have given meaning to our work for four decades and will continue to shape Meta's future.

To our staff and volunteers, our Board of Directors and Foundation Board, and the families who walk alongside us, thank you for the care, commitment, and heart you bring to Meta every day. We are also deeply grateful to the Government of Ontario, the City of Toronto, the City of Vaughan, the Government of Canada, our donors, and our community partners for believing in this work and helping make it possible.

Forty years of shared commitment have given us a strong foundation. Together, we are building on it to create a future where every person can see possibility for themselves, pursue the life they choose, build meaningful connections, contribute to their community, and know that they belong.



Celebrating together as a Meta community

META BY NUMBERS

OUR SERVICES

305 day program clients	137 supported living clients	28 supported living homes	5 day programs	134 respite clients
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OUR WORKFORCE

480 current employees	160 full-time staff	192 part-time staff	53 relief staff	75 leadership, admin & team leads
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A Message from Meta Foundation's Board President

Forty Years of Care, Commitment and Belief

As Meta Centre celebrates its 40th anniversary, I am honoured to share Meta Foundation's contributions and financial results in this year's Annual Report.

This milestone is about much more than the passage of time. It represents four decades of care, commitment and belief in the potential of every person we serve. What began with families seeking opportunities for their loved ones has grown into a community where individuals with developmental disabilities can feel seen, heard, respected and understood.



Lu Galasso

Meta Foundation Board President

I have been fortunate to be part of Meta for 29 of these 40 years. That journey has reinforced my belief that a meaningful life is built through deep commitments to family, to vocation and to community. At Meta, I see those commitments in action through the dedication of our staff, the trust of our families and the generosity of our supporters.

A meaningful life also means belonging, building relationships, making choices and having opportunities to contribute. Through clinical supports, day programs and individualized care, Meta helps the people we serve pursue these possibilities with dignity and confidence. The Foundation's role is to help sustain and strengthen that work.

To our donors, partners and sponsors, thank you for your continued trust and generosity. To my fellow Foundation Board members and our volunteers, thank you for the time, energy and care you bring to our mission. Our sincere gratitude also goes to the De Zen family, whose extraordinary support has made a lasting difference throughout Meta's history.

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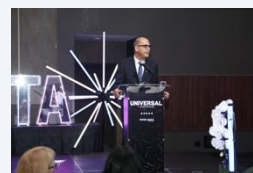


A Message from Meta Foundation's Board President (continued)

As we celebrate, we honour our founders and remember those whose contributions continue to shape Meta today. Their legacy lives on in the care we provide and the relationships we nurture.

Forty years gives us much to celebrate and a strong foundation for the future. Together, we will continue creating opportunities for every individual served by Meta to live a life of dignity, inclusion and purpose.

Thank you for being part of this story and for helping us write its next chapter.



Meta
Foundation Fall
Gala



Walk, Relay &
Bocce



Ladies Martini Night

Meta's 2025–2026 Financials

For the year ended March 31, 2026

Meta Centre funding and expenses by activity

Activity	2026 Funding	2026 Expenses	2025 Funding	2025 Expenses
MCCSS – Toronto	\$23,850,559	\$23,851,111	\$24,018,946	\$24,046,501
MCCSS – Central East	\$2,926,986	\$2,927,809	\$2,703,085	\$2,738,530
Other	\$3,863,226	\$3,968,162	\$3,802,441	\$3,754,836
Total	\$30,640,771	\$30,747,082	\$30,524,472	\$30,539,867

\$30,640,771
Meta Centre funding
2026

\$30,747,082
Meta Centre
expenses 2026

Meta Foundation revenue and expenses by activity

Activity	2026 Revenue	2026 Expenses	2025 Revenue	2025 Expenses
Fundraising activities	\$395,483	\$358,308	\$421,557	\$273,959
General donations	\$166,661	-	\$237,277	-
Investment income & other	\$7,561	-	\$16,615	-
Meta program / centre costs	-	\$358,740	-	\$349,540
Total	\$569,705	\$717,048	\$675,448	\$623,499

\$569,705
Meta Foundation
revenue 2026

\$717,048
Meta Foundation
expenses 2026

Audited Financial Statements are available upon request.

Forty Years of Growth, Belonging and Community



This year we're celebrating forty years of Meta Centre and the people who have shaped our journey. What began with families seeking greater opportunities for their loved ones has grown into a strong community committed to choice, belonging and meaningful participation.

Over the years, Meta has grown in response to the changing needs of the people and families we support. Our journey has been guided by listening, learning and creating new opportunities for people to build relationships, develop greater independence and be part of their communities.

This growth has been made possible through the dedication of staff and volunteers, the trust and advocacy of families, and the generosity of donors, funders and community partners. Together, they have helped Meta expand its reach while remaining grounded in its purpose.

While much has changed over forty years, our focus remains the same: supporting people to make choices, pursue their goals and live meaningful lives. Each stage of Meta's journey has strengthened the foundation for the work we continue today.

As we look ahead, we carry this history forward with gratitude and a commitment to continue growing thoughtfully. We will keep building on the relationships, values and shared belief in everyone's right to belong that have shaped Meta from the beginning.

OUR VISION

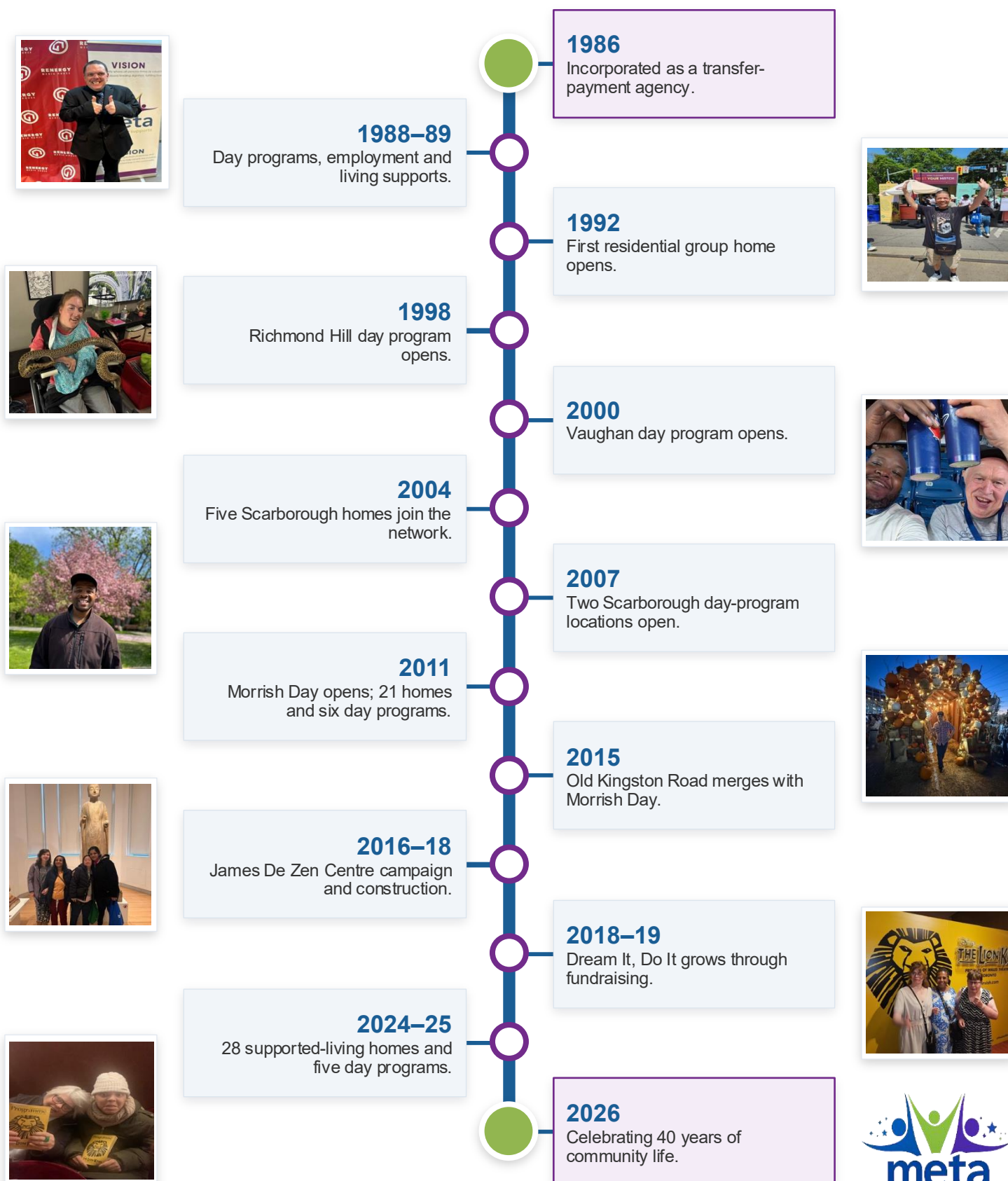
A community where all persons thrive as valued, respected citizens leading dignified, fulfilling lives.

OUR MISSION

Meta Centre offers a wide spectrum of services & personalized supports to help people live in inclusive, engaged & enriched lives in the community.

Meta Centre at 40

Four decades of growth, shaped by the people, families, staff and partners who built Meta Centre.



Meta's Clinical Team Impact 2025–2026

Supported by Meta Foundation

Specialized services supporting health, well-being and quality of life.



People. Support. Brighter Days.

Figures show the number of people supported in each service category.

Turning Our Direction into Everyday Action

Dignity, choice, meaningful relationships and community participation guide our 2026–2029 Strategic Plan, which includes the following four priorities:

1. Consistent, high-quality support of meaningful lives

We are committed to providing safe, respectful, person-centred support that evolves with each person's needs and helps them live a meaningful, fulfilling life.

2. An engaged, skilled and inclusive workforce

We will build a strong, connected workforce where people can grow, thrive, and deliver exceptional support.

3. Sustainable growth & diversified revenue

We will strengthen how we work today to create a sustainable foundation for growth, innovation, and expanded services tomorrow.

4. Expand sustainable housing options

We will grow and adapt our housing options to meet changing needs, expand choice, and support more people in the future.



Choice and connection in everyday life



Sharing our stories through film & photography

Our task is to turn strategy into everyday improvements that the people we support, their families and staff can recognize. We will do this by listening and learning together, identifying challenges early, and grounding our work in compassion, evidence and partnerships.

From Priorities to Progress

CONSISTENT, HIGH-QUALITY SUPPORT OF MEANINGFUL LIVES

A Clearer Path to Choice and Connection

Through our 2026–2029 Strategic Plan, Meta will make it easier for people and families to find and use services that fit their needs and goals.

We will offer more flexible respite options so caregivers can get a break when they need one and strengthen our Community Participation Supports so people have more opportunities to learn new skills, make friends and take part in community life.

We will also help individuals and families understand and make the most of their Passport funding, an Ontario program that pays for community supports and caregiver breaks for adults with a developmental disability.

Each person and family will have one point of contact at Meta to help them plan supports, connect with programs and community services, find the right support worker, arrange respite and prepare for the future.

Feedback and results will guide how these services grow.



Connected Information, Thoughtful Care

Better coordination begins with reliable, connected information. Meta will improve how information is collected, shared and used so staff can coordinate support more effectively and respond sooner when needs change. We will modernize Individual Support Plans by working toward one current record for each person, so important information is recorded once and updated as needs and goals change. Coordinated quality reviews will help identify gaps earlier.

Meta will also introduce a consistent Complex Care Support Model to better understand and respond to complex needs. Staff will receive coaching, consultation, mentoring and training so they are better equipped to provide thoughtful, coordinated support. Outcomes and staff feedback will guide ongoing improvements.



AN ENGAGED, SKILLED & INCLUSIVE WORKFORCE

Investing in the People Who Make Support Possible

Good support depends on a strong, connected team. Our focus for staff centres on four themes: connection, growth, voice and belonging.

We are making it easier for every employee to stay informed and connected to Meta and to one another, wherever they work. We are putting more support in place for staff to build their skills, plan their careers and grow into Meta's future leaders. We are creating more opportunities for everyone across Meta to have a real voice in shaping our decisions. And we are building a workplace where diversity is valued and everyone feels welcome, respected and included.

Some of this work is already underway, with more to follow over the course of our Strategic Plan. Staff feedback will continue to shape it.



SUSTAINABLE GROWTH AND DIVERSIFIED REVENUE

Building Sustainability into Everyday Operations

Good support depends on a strong, sustainable foundation. Our focus behind the scenes centres on four themes: efficiency, responsibility, security and access.

We are connecting our systems and simplifying everyday processes, so teams have more reliable information and

spend less time on duplicate paperwork. We are strengthening how we manage funding, facilities and costs so every dollar is used wisely. We are protecting the information entrusted to us and updating our technology. And we are making it easier for people and families to learn about Meta's services and access them, including more options for those who purchase services directly.

Some of this work is already underway, with more to follow over the course of our Strategic Plan. Demand, costs and community impact will guide it.



Expand Sustainable Housing Options

Planning for Homes and Lives of Choice

Home is where so much of life happens. It is where people rest, connect with others and build the lives they want. As needs and hopes change, Meta is planning for a wider range of housing and support options.

That planning starts with working closely with people, families and community partners to understand where today's gaps are and which practical housing options would best meet changing needs. At the same time, we are looking ahead at future demand, potential partnerships and funding, and the staff and resources needed to provide quality support for years to come.

What we learn will shape a new Supported Living Strategy, guiding how our residential services grow so more people can live with dignity, connection and greater choice.



Our Housing Roadmap

The steps we are taking toward more housing options. The pace of growth will depend on funding and partnerships.



Listen and learn

Work with people, families and community partners to understand today's housing gaps.



Look ahead

Assess future demand, potential partnerships and funding, and the staff and resources needed.



Shape the strategy

Use what we learn to build a new Supported Living Strategy for Meta.



Build toward growth

As funding and partnerships allow, grow our housing options so more people can live with greater choice.

Guiding Meta's mission together

Meta Board of Directors

Ewa Downarowicz	President
Manu Sud	Vice President & Secretary
Mithulan Peripanayagam	Treasurer
Warren Harvey	Director (Past President)
Michael Cheng	Director
Chennai Kadungure	Director
Andrew Whiteman	Director
Joe Passaretti	Chief Executive Officer



Warren Harvey
Board Director

**Thank you,
Warren — and
welcome, Ewa**

In June 2026, Warren Harvey stepped down as President of Meta Centre's Board of Directors after nearly nine years in the role, and Ewa Downarowicz took the Chair. A Board member since 2004, Warren led with wisdom, steadiness and genuine care, guiding Meta through a leadership transition and the development of our new direction. We are delighted he remains on the Board. Thank you, Warren, for all you have done—and continue to do—for Meta.

Meta Foundation Board of Directors

Lu Galasso	President
Sarah Hardy	Vice President
Michael Ciccolini	Secretary/Treasurer
Matthew Alla	Director
Gus Dal Colle	Director
Giuliana Marrone	Director
Nino Perricone	Director
Rita Ristucci	Director
Massimo Rovazzi	Director
Lee Simone	Director
Joe Passaretti	Chief Executive Officer

Executive Team

Joe Passaretti	Chief Executive Officer
Carla Torbidone	Director of Operations
Joanne Lair	Director of Human Resources
Vivian Zhong	Director of Finance

Senior Management Team

Carla Aveiro	Program Manager (East)
Heather Drakes	Program Manager (North-West)
Robert Passaro	Clinical Manager
Nancy Settino	Program Manager (Central)
Zoheb Kassam	Finance Manager



meta

Celebrating 40 years · 1986–2026

For more information or to make a donation

www.metacentre.ca

